

## SLAM! Training

Now at our new Basketball Academy base, SLAM! Basketball now provide a complete athlete development program. Through our variety of training sessions, we now deliver the region's most comprehensive basketball development program, for boys and girls ages 7 years old up to senior mens and womens.

Programs such as Mini Basketball, SLAM! Juniors, SLAM! Academy, SLAM! Ladies, Team Wolverhampton CC SLAM!, Taught Thru Sport, Dads N Lads, Hoopin Into Health, Raising Aspirations, SLAM! 2 The Streets, BasketBall Fusion and Battle In Da Black Country aim to provide quality community basketball and club development opportunities and increase the participation of individuals taking part in active lifestyles.

Our current weekly schedule:

Monday:

4:30 - 6:00pm Junior Mens & Girls (OLSC)

Tuesday:

5:00 - 6:15pm Under 12s / Mini-Basketball (OLSC)

Wednesday:

3:10 - 5:00pm Academy Games/Training (OLSC)

Thursday:

7:30 - 9:20pm West Midlands Mens Games/Training (OLSC)

Friday:

6:30 - 7:30pm SLAM! Ladies (10 - 18 yr olds Females Only) (OLSC)

7:30 - 9:00pm Junior Mens (10 - 16 yr olds) (OLSC)

Saturday:

2:00 - 4:00pm Citywide Basketball League (Under 16s) (OLSC)

Sunday:

12:00 - 1:15pm Mini Basketball Training (Under 11s) (Royal)

1:15 - 3:00pm SLAM! Training (Under 18s)(Royal)